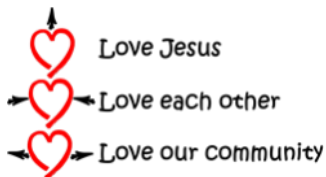




adeyfield free church

www.adeyfieldfree.org.uk
01442 260175 admin@adeyfieldfree.org.uk



Minister

Rev. Paul Stein

✉ pastor@adeyfieldfree.org.uk

Church Secretary

✉ secretary@adeyfieldfree.org.uk

Church Office

☎ 01442 260175

✉ admin@adeyfieldfree.org.uk

Prayer Chain Coordinator

Sheree Blastock

✉ shreeblastock@hotmail.com

Adeyfield Free Church Centre
Maylands Avenue. HP2 4GZ

www.adeyfieldfree.org.uk



In Touch

26th January 2025


Speaker:

Rev. Paul Stein

Duty Elder:

Pam Anison



A member Church of the  The United Reformed Church

Thoughts from the Elders

Message from Pam

Thanks to Penny for her comprehensive and clear talk on Philippians 1 last week, There were many thoughts and challenges for us to face if we want to move on with the Lord.

This week we have Pastor Paul with us and Penny will be speaking at St G's. Please pray for her.

We will be having our next Church Meeting on 9th February after the service. It is an important part of our life and ministry please stay and hear what is happening. If you have gone through membership with AFC you will have the opportunity to vote. Membership is a privilege and a responsibility. Pastor Paul will be speaking about it at some point in the next few months.

On 1st February Pray Hemel will take place in Meet and Eat starting at 8am with a delicious breakfast and then praying for the town. The meeting ends at 9.30 am

Many thanks to all who took part in the prayer day for Shirley and those who continue to pray for her recovery. We will pass any news we can to you.

The MDM focus group are considering which Lent course we will be using this year and you will know as soon as the decision is made.

Have a good week.

Parking

We have some events happening
in the AFC Centre
on Tuesday 28th - Thursday 30th

So parking will be extremely limited

Adeyfield Free Church

Church Meeting

Sunday 9th February
After the morning service

Coming up

	Church Information	Other activities
Monday 27th	Office 8.30—12.30; 1.30—3.30pm Rock-A-Bye Babies 10:30am-11:30am Sue and Pat's Group 1:15-3:00pm	Fingerprints 9:00am—3:00pm Leap Dance 4:00pm-7:00pm
Tuesday 28th	Office 9—1pm Senior Pals 10:00am-12:00pm Tuesday small group 10:00am-12:00pm Bible Journalling 7:30-8:30pm	Fingerprints 9:00am—3:00pm Squirrels 4:30pm-5:15pm Tai Chi—7-8pm
Wednesday 29th	Office 11.30—3.30pm Meet and Eat 9:30am-12:30pm	Fingerprints 9:00am—3:00pm Fitsteps 7:45pm-8:45pm
Thursday 30th	Meet and Eat 9:30am-12:30pm Little Fish 9:30am-10:45am	Fingerprints 9:00am-3:00pm
Friday 31st	Meditation 11.30am Prayers 12.15pm Eco Arts 7:30pm-9:30pm	Fingerprints 9:00am-3:00pm Squirrels: 5:00pm-5:45pm Beavers: 6:00pm-7:00pm Cubs: 7:15pm-8:30pm
Saturday 1st	Pray Hemel at AFC 8am	Leap Dance classes 8:45am-12:30pm
Sunday 2nd	Sunday Service: 10am	

Coming up...

Church Meeting 9th February following the service
Pancake fundraiser: 4th March 6.30pm
Ladies Day: TBC

Notices

A message from Fingerprints...

Thank you *so much* for all your modelling donations, the children had great fun using them!



Intergenerational Fun Day

Thames North & Southern Synod

ALL AGES WELCOME

Saturday 1st Feb 2025, 11am - 4pm
Lumen, Kings Cross, London WC1H 9RS



**Book your FREE space
online by 17th Jan**

www.bit.ly/fun-day2025

SENIOR PALS

..A friendly group for seniors where all are welcome. We meet Tuesdays from 10.00am until 11.45am in the Meet & Eat. Why not pop along, meet new (or existing) friends, enjoy a cup of tea or coffee and enjoy our weekly quiz?



Pray Hemel



On Saturday 1st February Pray Hemel will meet at Adeyfield Free Church. Refreshments will be served in the Meet & Eat Community Space (near reception) from 8am, with worship starting at 8.30am.

BIBLE *journalling*

Tuesday 28th January, 7:30-8:30 Pm

Adeyfield Free Church,
Maylands Avenue, HP2 4GZ



£8 Per Person

includes all art supplies and refreshments

Booking essential:

www.expressions.academy

info@expressions.academy

Weekly Prayers

Come to Me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls”

(Matthew 11:28-29).

Many thanks to all of you who use this prayer page during your regular prayer times. Let’s engage our faith in God’s power and mercy. As we lift names and situations in faith, God deals with the details.

We thank you Lord.....

For listening to our prayers

For never leaving us

For challenging us to come closer to you

We lift those who need healing, support or guidance to God and thank Him for His action as we pray

For Shirley that her lung will be drained of fluid and infection

For Mark that a kidney will be found for him

For June P that she will receive a date for her operation

For June R that her breathing will improve.

For all those with problems at work

For all those who need work

Help us if we are to be an answer to these prayers.

We also bring to the Lord our prayers for.....

Our Minister Paul as he develops relationships with local schools

Penny as she speaks at St G’s this week

All those who preach the gospel in their various ways

We pray for these up-coming events at AFC

The choice of the correct Lent Course for us

Senior Pals as they get together in Meet and Eat

Pray Hemel

Please continue to pray for all who have been on the list recently. Bless you.

There is no one like you Lord.

The elders appreciate your prayers for them. The days set aside for each elder:

Everyday: Rev Paul Stein Sunday: Sue Monday: Yvonne Tuesday: Shirley

Wednesday: Heather Thursday: All Elders Friday: Pam Saturday: Penny

Information

Pancake Day Fundraiser

March 4th between 6.30pm and 8.30pm

In Meet and Eat

You are invited to a Shrove Tuesday Pancake Fest.
Pancakes and Scotch Pancakes with a variety of
delicious toppings, teas and coffees.

Have a go at a quiz or join the pancake race!!!!
Donations go towards our work and mission.

Please RSVP by using the sign up
sheet on reception or email
Pam Annison at
pamramannison@gmail.com by
Sunday 2nd March.



FitSteps FAB is For All Bodies

FAB is a dance fitness workout
where there is no partner required!

GET FIT

FitSteps® FAB is a great way to improve your fitness, increase your mobility and move to amazing music. It's so much fun it won't feel like a workout!

LEARN THE DANCES FROM STRICTLY

This is your chance to learn the wonderful dances you see on Strictly without the need for a partner and in a relaxed fun environment.

MEET NEW PEOPLE

You'll become part of a fab-u-lous group of FAB FitSteppers and become part of our FitSteps® community. FitSteps is a great way to socialise and make new friends.

ANYONE CAN DO IT

You don't need any dance experience and you don't need to be fit to be able to enjoy FitSteps® FAB – it's a low impact, low intensity dance fitness workout suitable for everyone!

Come and join me for some *Strictly Fun Fitness!*

DANIELLA - EXPRESSIONS ACADEMY

Time / Day: **WEDNESDAYS 7:45-8:45PM**

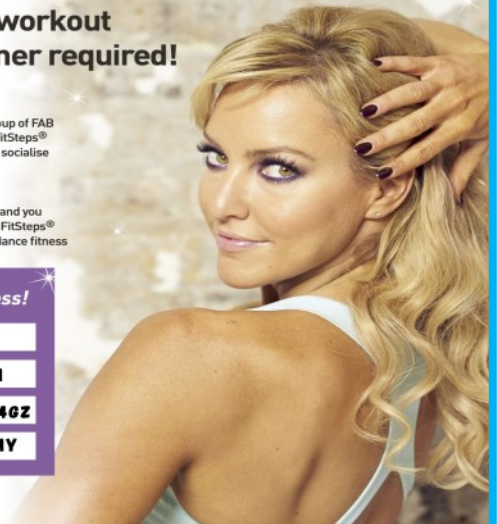
Venue: **ADEYFIELD FREE CHURCH, HP2 4GZ**

Contact me: **INFO@EXPRESSIONS.ACADEMY**

Follow us:



#danceyourselffit



Coming up



Thames North & Southern Synod Youth Residential
Thursday 29 May - Sunday 1 June 2025
Whitemoor Lakes, Staffordshire
Cost: £75 (£30 deposit required at booking)
Age: 11 (must be in Year 7) to 16 years
Book by Jan 31 - www.bit.ly/residential2025



Meet & Eat Community Space

Open Wednesdays & Thursdays

9.30-12.30

Serving Teas, coffees, cakes, savouries

COME & ENJOY