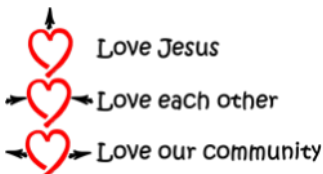




adeyfield free church

www.adeyfieldfree.org.uk
01442 260175 admin@adeyfieldfree.org.uk



Minister

Rev. Paul Stein

✉ pastor@adeyfieldfree.org.uk

Church Secretary

✉ secretary@adeyfieldfree.org.uk

Church Office

☎ 01442 260175

✉ admin@adeyfieldfree.org.uk

Prayer Chain Coordinator

Sheree Blastock

✉ shreeblastock@hotmail.com

Adeyfield Free Church Centre
Maylands Avenue. HP2 4GZ

www.adeyfieldfree.org.uk



In Touch

8th December 2024


Communion *followed by* Christmas Lunch

Preaching: Rev. Paul Stein

Duty Elder: Yvonne Davis



A member Church of the
United Reformed Church



Weekly Message from Serving Elder Pam A.



Hello Everyone.

- The wreath making afternoon went so very well. Many thanks to Janiel and Penny for all their hard work and to all who came.

- Congratulations to Penny after her commissioning on 1st and thanks to Geroge Watt who presided and preached.

- The decorations throughout the building are all but completed. The team worked very hard and have done a great job.

- This Sunday we have our Christmas meal after our communion service.

- On Saturday 7th December there is a carol singing event by the rainbow in town during the afternoon.

- MDM met last week and the plans for January, baptisms in the spring and a discipleship course are in the pipeline. As soon as we have more details, we will let you all know.

- Our nativity service is on Sunday 15th and Christingle[am] and carols around the manger [pm] on 22nd

Have a lovely week, Pam



SENIOR PALS CHRISTMAS PARTY 12-2PM 17th Dec



A friendly group for seniors where all are welcome.

Come and join us for some festive fun in the Meet and Eat, here
at AFC!



Coming up next week

	Church Information	Other activities
Monday 9th	Office hours 8.30am-12.30pm and 1.30-3.30pm	Rock-a-byes (mum and baby sling dance class) 10:30am Fingerprints 8.30am–3.00pm Squirrels 4:30-5:15pm
Tuesday 10th	Office hours 9:00am –1:00pm	Fingerprints 8.30am–3.00pm Tai Chi 7pm-8pm
Wednesday 11th	Office hours 11.30am- 3.30pm Meet and Eat 9:30am -12:30pm U3A: 10:15am	Fingerprints 8.30am–3.00pm Fitsteps exercise (Expressions) –7:45pm - 8:45pm
Thursday 12th	Meet and Eat 9:30am-12.30pm Office hours 9:00am –1:00pm	Fingerprints 8.30am-3.00pm Little Fish 9:30 –10:45am
Friday 13th	Office hours 8.30am-12.30pm Meditation Group 11.30am– 12.15pm Prayer Meeting 12.15pm	Fingerprints 8.30am–3.00pm
Saturday 14th		Christmas Social at St.Georges 7:00-10:00pm
Sunday 15th	Nativity Service at 10:00am. (All Age)	

Coming up at AFC..
22nd December: 10am Christingle
22nd December: 6pm Candles & Carols
25th December: 10am Family Service at St.George's

The elders appreciate your prayers for them. The days set aside for each elder:
Everyday: Rev Paul Stein **Sunday:** Sue **Monday:** Yvonne **Tuesday:** Shirley
Wednesday: Heather **Thursday:** Dave **Friday:** Pam **Saturday:** Penny

Pastoral & Prayer



“The comfort of your love takes away my fear. I’ll never be lonely,
for you are near.” Psalms 23:4 TPT

Many thanks to all of you who use this prayer page during your regular prayer times. Let’s engage our faith in God’s power and mercy. As we lift names and situations in faith, God deals with the details.

We thank you Lord.....

For hope For joy For peace

We lift those who need healing, support or guidance to God and thank Him
for His action as we pray

Please pray for Shirley who is having a heart procedure on Monday 9th
December.

For June P, Mark, George, June R who are all under hospital treatment or
awaiting the next step

For Shirley that she will soon be feeling stronger

For those with bills they cannot pay

For those missing their loved ones at this time of year

For those with chest and throat complaints in wintertime.

Help us if we are to be an answer to these prayers.

We also bring to the Lord our prayers for.....

Community Action

Outreach through carol singing across the town

Churches who send teams into residential homes that they are able to reach
residents and staff with the Gospel

We pray for these up-coming events at AFC

Information

PRAY HEMEL

Hi everyone .. So what will you be doing Saturday?

Singing carols in the Marlowes perhaps at the CTHH *Carolfest*, Rainbow stage from 2.30 - 4 pm?

And / or coming to the *Christmas Joy* concert at the Methodist Church at 5 pm where Roger Jones will be conducting the Joyful Noise Choir in the best songs from his Christmas Musicals?

Or shopping locally or further afield or preparing Sunday's worship?

Whatever you are doing, with so much going on here and world wide, as well as the patient watching and waiting of this Advent season, what better way to get the whole day off to a good start than by joining together in Praise and prayer at the ultimate Pray Hemel of 2024.

Join us then if you are able at St Albans Parish Church, 436 Warners End Road, HP1 3QF. This Saturday 7th December, refreshments from 8am, worship with prayers at 8.30 am.

With all good wishes for a fruitful Advent and blessed Christmas,

Bob

(and your PH team).



LET YOUR GLORY FALL IN THIS PLACE

FRIDAY
Meditation: 11.30

FRIDAY
Prayers: 12.15

Information

Christmas at Adeyfield Free Church

You are invited to join us

Sunday 1st 10am Advent Service

Sunday 8th 10am Advent Service

Sunday 15th 10am Nativity service

Sunday 22nd 10am Christingle

6pm Candles & Carols

Christmas Day 10am Family service at
St George's, HP1 2HX



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BRAND OF
THE YEAR
2019
FITSTEPS

FitSteps FAB is For All Bodies

FAB is a dance fitness workout
where there is no partner required!

GET FIT

FitSteps® FAB is a great way to improve your fitness, increase your mobility and move to amazing music. It's so much fun it won't feel like a workout!

LEARN THE DANCES FROM STRICTLY

This is your chance to learn the wonderful dances you see on Strictly without the need for a partner and in a relaxed fun environment.

MEET NEW PEOPLE

You'll become part of a fab-u-lous group of FAB FitSteppers and become part of our FitSteps® community. FitSteps is a great way to socialise and make new friends.

ANYONE CAN DO IT

You don't need any dance experience and you don't need to be fit to be able to enjoy FitSteps® FAB - it's a low impact, low intensity dance fitness workout suitable for everyone!

Come and join me for some *Strictly Fun Fitness!*

DANIELLA - EXPRESSIONS ACADEMY

Time / Day: **WEDNESDAYS 7:45-8:45PM**

Venue: **ADEYFIELD FREE CHURCH, HP2 4GZ**

Contact me: **INFO@EXPRESSIONS.ACADEMY**

Follow us:



#danceyourselffit



Information

alternatives
For all pregnancy related challenges



**MEET
SANTA**

@OUR HEMEL SHOP

**SATURDAY 7TH DECEMBER
2PM - 3:30PM**

**UNIT 3, 160 MARLOWES,
HEMEL HEMPSTEAD, HP1
1BA**

**£3 PER CHILD/£5 FOR TWO: INCLUDES GIFT, SWEET
TREAT AND SANTA PHOTO OPPORTUNITY!**

**TO BOOK A SLOT EMAIL:
INFO@ALTERNATIVESWATFORD.CO.UK**

Young People on Sunday Mornings

**We join together for the start of worship
Before the young people meet in their groups**



3 - 6 years

Playroom downstairs



7 - 14 years

Youth room upstairs

The Creche is available for babies/toddlers during the sermon

**PLEASE SUPERVISE YOUR CHILDREN
WHEN NOT IN ORGANISED GROUPS**

Information

BIBLE *journalling*

Tuesday 28th January. 7:30-8:30 Pm
Adeyfield Free Church,
Maylands Avenue, HP2 4GZ



£8 Per Person

includes all art supplies and refreshments

Booking essential:

www.expressions.academy

info@expressions.academy



Follow us:  

Squirrels

(4-6yrs)

Mondays: 4.30 - 5.15pm

Fridays: 5 - 5.45pm



BEAVERS

(6-8yrs)

Fridays: 6 - 7pm

cubs

(8- 10yrs)

Fridays: 7.15 - 8.30pm



Adeyfield Free
Church Centre Hall
Maylands Avenue
HP2 4GZ

Scan the code to sign up!