

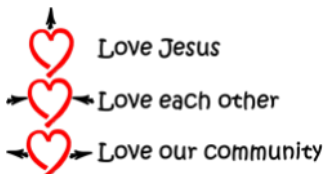


# adeyfield free church

www.adeyfieldfree.org.uk  
01442 260175 admin@adeyfieldfree.org.uk



## OUR MISSION



### Minister

Rev. Paul Stein

✉ [pastor@adeyfieldfree.org.uk](mailto:pastor@adeyfieldfree.org.uk)

### Church Secretary

✉ [secretary@adeyfieldfree.org.uk](mailto:secretary@adeyfieldfree.org.uk)

### Church Office

☎ 01442 260175

✉ [admin@adeyfieldfree.org.uk](mailto:admin@adeyfieldfree.org.uk)

### Prayer Chain Coordinator

Sheree Blastock

✉ [shreeblastock@hotmail.com](mailto:shreeblastock@hotmail.com)

Adeyfield Free Church Centre  
Maylands Avenue. HP2 4GZ

[www.adeyfieldfree.org.uk](http://www.adeyfieldfree.org.uk)



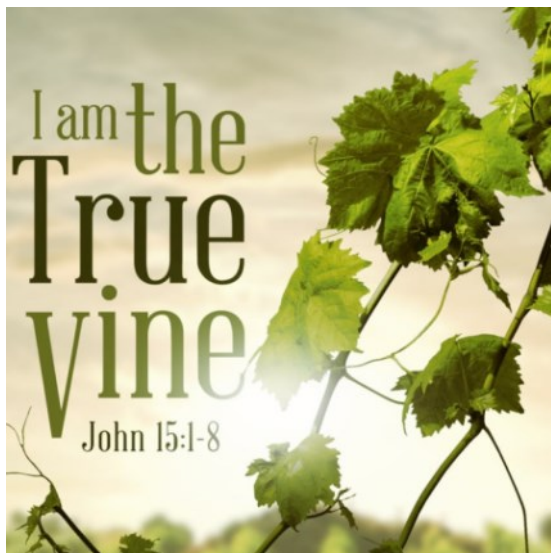
## In Touch

24th November 2024


Preaching: Rev. Paul Stein

Duty Elder: Pam Annison

All Age Breakfast Service  
Please use Plaza entrance



A member Church of the  
United Reformed Church



The  
United  
Reformed  
Church

## Weekly Message from Serving Elder Pam A.



**Hello Everyone.**

**Many thanks to Penny and all involved in the service last Sunday. The shoeboxes we had packed and collected were blessed during the service and will soon be on their way.**

**This Sunday we will be enjoying another all-age breakfast service. The last one was a great success. This will be the last one this year but there may be more to come later on. The food will be served from 10 am and the service will follow and timings adjusted accordingly. After the service will be church meeting.**

**On Monday 25th November we hope to decorate the church for Christmas in time for the Wreath Making afternoon on 30th. If you are free, please come and help on 25th. We will begin around 9am. There are four trees to decorate and we will need greenery for the windowsills.**

**Penny will be commissioned as a lay preacher on 1st December. The service will be led by our moderator and AFC member, George.**

**We have been asked to sing carols at the Hightown presentation in our reception area from 4pm on Thursday 5th December. Please let Pam know that you are joining in.**

**Tickets are now available for the Christmas meal on 8th December. If you are coming you will not need to pay but you will need a ticket. Donations towards the cost will be very acceptable. Contact Admin or Penny.**

**Have a lovely week.**



## Coming up next week

	<b>Church Information</b>	<b>Other activities</b>
<b>Monday 25th</b>	Office hours 8.30am-12.30pm and 1.30-3.30pm	Rock-a-byes (mum and baby sling dance class) 10:30am Fingerprints 8.30am– 3.00pm Squirrels 4:30pm-5:15pm
<b>Tuesday 26th</b>	Senior Pals @ Meet and Eat 10am Office hours 9:00am –1:00pm	Fingerprints 8.30am– 3.00pm Tai Chi 7pm-8pm
<b>Wednesday 27th</b>	Office hours 11.30am- 3.30pm Meet and Eat 9:30am -12:30pm	Fingerprints 8.30am– 3.00pm U3A 10.30-11.30am Fitsteps exercise (Expressions) –7:45pm -
<b>Thursday 28th</b>	Meet and Eat 9:30am-12.30pm Office hours 9:00am –1:00pm	Fingerprints 8.30am-3.00pm Little Fish 9:30 –10:45am
<b>Friday 29th</b>	Office hours 8.30am-12.30pm Meditation Group 11.30am– 12.15pm Prayer Meeting 12.15pm	Fingerprints 8.30am– 3.00pm Squirrels 5pm-5.45pm Beavers 6pm-7pm Cubs 7.15pm-8.30pm
<b>Saturday 30th</b>	Wreath Recreation 3pm-6pm	
<b>Sunday 1st</b>	Service at 10:00am.	

### Coming up at AFC..

**8th December: AFC Christmas Dinner**

**15th December Nativity Service**

**22nd December 10am Christingle**

**22nd December 6pm Candles & Carols**

**The elders appreciate your prayers for them. The days set aside for each elder:**

**Everyday:** Rev Paul Stein **Sunday:** Sue **Monday:** Yvonne **Tuesday:** Shirley

**Wednesday:** Heather **Thursday:** Dave **Friday:** Pam **Saturday:** Penny

## Pastoral & Prayer

Many thanks to those who use this prayer page during your regular prayer times. Let's engage our faith in God's power and mercy. As we lift names and situations in faith, God deals with the details. Pour out all your worries and stress upon him and leave them there, for he always tenderly cares for you. 1 Peter 5:7 TPT

*We thank you Lord.....*

For all our preparations

For all who volunteer

For the families who attend Fingerprints

*We lift those who need healing, support or guidance to God and thank Him for His action as we pray*

For June P as she awaits her operation date

For Mark as he waits for a kidney

For George as he continues to work while dealing with his eye problem

For June R

For those suffering from long term pain

For the vulnerable and elderly as temperatures drop

For those forced to sleep outside in the cold and wet

*Help us if we are to be an answer to these prayers.*

*We also bring to the Lord our prayers for.....*

Good News for Everyone [Gideons]

Our local hospitals

The businesses in the town centre

*We pray for these up-coming events at AFC*

Our breakfast service

The wreathmaking afternoon

The cubs and squirrels Christingle evening

*Please continue to pray for all who have been on the list recently. Bless you.*

**We bow down and confess you are Lord in this place**

## Information

### SENIOR PALS



..A friendly group for seniors where all are welcome.

..We meet Tuesdays from 10.00am until 11.45am in the Meet & Eat.

..Why not pop along, meet new (or existing) friends, enjoy a cup of tea or coffee and enjoy our weekly quiz?



## Decorating The Church For Christmas

We will begin to decorate parts of the building from 9am on Monday 25th November in readiness for the Wreath Making Afternoon on 30th. We need a team of people to help. The bigger the team the quicker we will be done.

If you can spare some time that morning please come and help. Last year it took about 6 of us two mornings to complete the task. We also need greenery to place along the two windowsills in the worship room.



## Information

# Squirrels

(4-6yrs)

**Mondays: 4.30 - 5.15pm**

**Fridays: 5 - 5.45pm**



# BEAVERS

(6-8yrs)

**Fridays: 6 - 7pm**

# cubs

(8- 10yrs)

**Fridays: 7.15 - 8.30pm**



**Adeyfield Free  
Church Centre Hall  
Maylands Avenue  
HP2 4GZ**

**Scan the code to sign up!**



## FitSteps FAB is For All Bodies

**FAB is a dance fitness workout  
where there is no partner required!**

### GET FIT

FitSteps® FAB is a great way to improve your fitness, increase your mobility and move to amazing music. It's so much fun it won't feel like a workout!

### MEET NEW PEOPLE

You'll become part of a fab-u-lous group of FAB FitSteppers and become part of our FitSteps® community. FitSteps is a great way to socialise and make new friends.

### LEARN THE DANCES FROM STRICTLY

This is your chance to learn the wonderful dances you see on Strictly without the need for a partner and in a relaxed fun environment.

### ANYONE CAN DO IT

You don't need any dance experience and you don't need to be fit to be able to enjoy FitSteps® FAB - it's a low impact, low intensity dance fitness workout suitable for everyone!

*Come and join me for some* **Strictly Fun Fitness!**

**DANIELLA - EXPRESSIONS ACADEMY**

Time / Day: **WEDNESDAYS 7:45-8:45PM**

Venue: **ADEYFIELD FREE CHURCH, HP2 4GZ**

Contact me: **INFO@EXPRESSIONS.ACADEMY**

Follow us:



#danceyourselffit



# Wreath Recreation

**Sat 30<sup>th</sup> November, 3-6pm**  
**Adeyfield Free Church Centre**

**Creative Wreath Making**  
**£22 incl. cake & tea**

**Tickets on sale from church office**  
**Hand made gifts on sale**  
**Age 12+**

**More info: 0793971 6691**  
**admin@adeyfieldfree.org.uk**



## *Meet & Eat Community Space*

*Open Wednesdays & Thursdays*

*9.30-12.30*

*Serving Teas, coffees, cakes, savouries*

**COME & ENJOY**



## Information

**alternatives**  
For all pregnancy related challenges

  
**MEET  
SANTA**  
**@OUR HEMEL SHOP**

**SATURDAY 7TH DECEMBER  
2PM - 3:30PM**

**UNIT 3, 160 MARLOWES,  
HEMEL HEMPSTEAD, HP1  
1BA**

**£3 PER CHILD/£5 FOR TWO: INCLUDES GIFT, SWEET  
TREAT AND SANTA PHOTO OPPORTUNITY!**

**TO BOOK A SLOT EMAIL:  
INFO@ALTERNATIVESWATFORD.CO.UK**

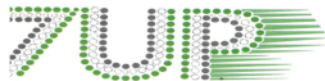
## Young People on Sunday Mornings

**We join together for the start of worship  
Before the young people meet in their groups**



**3 - 6 years**

**Playroom downstairs**



**7 - 14 years**

**Youth room upstairs**

**The Creche is available for babies/toddlers during the sermon**

**PLEASE SUPERVISE YOUR CHILDREN  
WHEN NOT IN ORGANISED GROUPS**

