

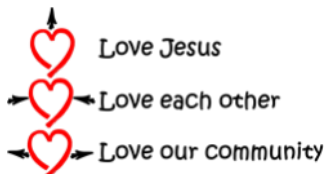


# adeyfield free church

www.adeyfieldfree.org.uk  
01442 260175 admin@adeyfieldfree.org.uk



## OUR MISSION



### Minister

Rev. Paul Stein

✉ [pastor@adeyfieldfree.org.uk](mailto:pastor@adeyfieldfree.org.uk)

### Church Secretary

✉ [secretary@adeyfieldfree.org.uk](mailto:secretary@adeyfieldfree.org.uk)

### Church Office

☎ 01442 260175

✉ [admin@adeyfieldfree.org.uk](mailto:admin@adeyfieldfree.org.uk)

### Prayer Chain Coordinator

Sheree Blastock

✉ [shreeblastock@hotmail.com](mailto:shreeblastock@hotmail.com)

Adeyfield Free Church Centre  
Maylands Avenue. HP2 4GZ

[www.adeyfieldfree.org.uk](http://www.adeyfieldfree.org.uk)



## In Touch

17th November 2024


Speaker: Penny Stuart

Duty Elder: Pam Annison

Shoebox Blessing Service



A member Church of the  
United Reformed Church



The  
United  
Reformed  
Church

## Weekly Message from Serving Elder Pam A.



Hello Everyone.

Many thanks to everyone who attended the special church meeting last week and to Pastor Paul and everyone involved in the service.

This Sunday we will be blessing the shoeboxes that have been collected in our building during the week. They will be off to their destination very soon. Let's pray for the children who will receive them.

On 17th please bring your packed shoeboxes and any contributions towards shipping of the 24 boxes packed by our young people. There will be a time during the service to bring them up to the front of the room.

Have you booked your ticket for the wreathmaking afternoon on 30th November. Janiel or Penny are the people to see or contact Admin. It is always a lovely start to the Christmas preparations.

In the next week or so we will need winter greenery to decorate the windowsills in the worship room. A team of people will be needed to help decorate the Christmas trees and the worship room. Speak to June Page or Pam Annison if you can help.

Carol singers are needed on 5th December in the Reception Area between 4pm and 6pm to help support Hightown's open afternoon. Only one person so far has said they are coming. It was great fun last year and is an essential activity that we can provide to help with the positive relationship between us and Hightown. Please tell Pam Annison that you can take part.

Plans for the Church Christmas Meal on December 8th are underway. It will be necessary to book in advance so that the organisers know how much food to prepare. Please keep eyes and ears open for instructions.

Have a lovely week.



## Coming up next week

	<b>Church Information</b>	<b>Other activities</b>
<b>Monday 18th</b>	Office hours 8.30am-12.30pm and 1.00-3.00pm Shoebox collection centre: Last day to drop off shoeboxes	Rock-a-byes (mum and baby sling dance class) 10:30am Fingerprints 8.30am– 3.00pm Squirrels 4:30pm-5:15pm
<b>Tuesday 19th</b>	Senior Pals @ Meet and Eat 10am Office hours 9:00am –1:00pm	Fingerprints 8.30am– 3.00pm
<b>Wednesday 20th</b>	Office hours 11.30am- 3.30pm Meet and Eat 9:30am -12:30pm	Fingerprints 8.30am– 3.00pm
<b>Thursday 21st</b>	Meet and Eat 9:30am-12.30pm Office hours 9:00am –1:00pm	Fingerprints 8.30am-3.00pm Little Fish 9:30 –10:45am
<b>Friday 22nd</b>	Office hours 8.30am-12.30pm Meditation Group 11.30am– 12.15pm Prayer Meeting 12.15pm	Fingerprints 8.30am– 3.00pm Squirrels 5pm-5.45pm Beavers 6pm-7pm Cubs 7.15pm-8.30pm
<b>Saturday 23rd</b>		
<b>Sunday 24th</b>	Service at 10:00am, followed by Church Meeting	

**Coming up at AFC..**  
**30th November: Wreath Recreation**  
**8th December– Christmas Dinner**

## SENIOR PALS

..A friendly group for seniors where all are welcome.

..We meet Tuesdays from 10.00am until 11.45am in the Meet & Eat.

..Why not pop along, meet new (or existing) friends, enjoy a cup of tea or coffee and enjoy our weekly quiz?



## Pastoral & Prayer

Many thanks to those who use this prayer page during your regular prayer times. Let's engage our faith in God's power and mercy. As we lift names and situations in faith, God deals with the details

Pour out all your worries and stress upon him and leave them there, for he always tenderly cares for you. 1 Peter 5:7 TPT

*We thank you Lord.....*

For the passing seasons,

For the shoeboxes

For our neighbours

*We lift those who need healing, support or guidance to God and thank Him for His action as we pray*

For June P as she anticipates a difficult operation

For Mark as he waits for a kidney

For George as he continues to receive medication for his eye complaint

For June R as she struggles with mobility and her breathing.

For all those who find mobility testing or painful

For those who have been waiting a long time for hospital treatment

*Help us if we are to be an answer to these prayers.*

*We also bring to the Lord our prayers for.....*

Good News for Everyone[Gideons]

Our local businesses

The homeless in our community

*We pray for these up-coming events at AFC*

Our shoebox blessing service

Our next breakfast service

The wreathmaking event and craft stall

*Please continue to pray for all who have been on the list recently. Bless you.*

**You have no rival, You have no equal, now and forever  
Lord You reign**

**The elders appreciate your prayers for them. The days set aside for each elder:**

**Everyday:** Rev Paul Stein **Sunday:** Sue **Monday:** Yvonne **Tuesday:** Shirley

**Wednesday:** Heather **Thursday:** Dave **Friday:** Pam **Saturday:** Penny



## Information

# Meet & Eat Community Space

Open Wednesdays & Thursdays

9.30-12.30

Serving Teas, coffees, cakes, savouries

# COME & ENJOY

## Little Fish Baby & Toddler Group

**Who:** Ages 0-5 years

**When:** Thursdays 9.30 - 10.45am (Term Time Only)

**Where:** Adeyfield Free Church. Entrance via Maylands (lower car park)

**Cost:** Donation of £1 per adult and £1 per child over one year old  
First session is FREE.

**Enquires:** Contact admin on 01442 260175 or E-mail  
[admin@adeyfieldfree.org.uk](mailto:admin@adeyfieldfree.org.uk)



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Love Jesus

Love each other

Love our community

## AFC Small Groups

**Mondays:** every 2 weeks, AFC lounge 1.30pm

**Tuesdays:** twice a month, AFC lounge 10am

**Wednesdays:** Every week, AFC Community Space, 2pm

**Wednesdays:** every 2 weeks, Various homes, 8pm

For more information please speak to an elder or contact the admin office

## Information

# Squirrels

(4-6yrs)

Mondays: 4.30 - 5.15pm

Fridays: 5 - 5.45pm



# BEAVERS

(6-8yrs)

Fridays: 6 - 7pm



# cubs

(8- 10yrs)

Fridays: 7.15 - 8.30pm

Adeyfield Free  
Church Centre Hall  
Maylands Avenue  
HP2 4GZ

Scan the code to sign up!

**DENS**  
Helping Rebuild Lives

# SPONSORED SLEEPOUT

GIVE UP YOUR BED ON A COLD WINTER NIGHT TO  
HELP LOCAL PEOPLE FACING HOMELESSNESS

**BOOK YOUR FREE PLACES**  
**DENS.ORG.UK/SLEEPOUT**



**FRIDAY 22<sup>ND</sup> NOVEMBER - 9PM-7AM**  
**LOCKERS PARK SCHOOL, HEMEL**

Supported by:

**my local NEWS**

LOCKERS PARK

## Information

**EXPRESSIONS**  
ACADEMY

# Rock-a-bye BABIES

SLING & DANCE

CLASS FOR BABIES & THEIR ADULTS



**BOOK YOUR PLACE**



07969869405

[www.expressions.academy](http://www.expressions.academy)

[info@expressions.academy](mailto:info@expressions.academy)

THE DETAILS 

**Mondays 10:30-11:30am**

Arrive between 10:30-10:45am for registration and help with your carrier then class will start at 10:45am followed by FREE refreshments at Adeyfield Free Church Centre, HP2 4GZ

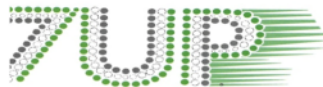
## Young People on Sunday Mornings

**We join together for the start of worship  
Before the young people meet in their groups**



**3 - 6 years**

**Playroom downstairs**



**7 - 14 years**

**Youth room upstairs**

**The Creche is available for babies/toddlers during the sermon**

**PLEASE SUPERVISE YOUR CHILDREN  
WHEN NOT IN ORGANISED GROUPS**

## Information



# Wreath Recreation

**Sat 30<sup>th</sup> November, 3-6pm**  
**Adeyfield Free Church Centre**

**Creative Wreath Making**  
**£22 incl. cake & tea**

**Tickets on sale from church office**  
**Hand made gifts on sale**  
**Age 12+**

**More info: 0793971 6691**  
**admin@adeyfieldfree.org.uk**



## FitSteps FAB is For All Bodies

**FAB is a dance fitness workout  
where there is no partner required!**

### GET FIT

FitSteps® FAB is a great way to improve your fitness, increase your mobility and move to amazing music. It's so much fun it won't feel like a workout!

### LEARN THE DANCES FROM STRICTLY

This is your chance to learn the wonderful dances you see on Strictly without the need for a partner and in a relaxed fun environment.

### MEET NEW PEOPLE

You'll become part of a fab-u-lous group of FAB FitSteppers and become part of our FitSteps® community. FitSteps is a great way to socialise and make new friends.

### ANYONE CAN DO IT

You don't need any dance experience and you don't need to be fit to be able to enjoy FitSteps® FAB - it's a low impact, low intensity dance fitness workout suitable for everyone!

Come and join me for some *Strictly Fun Fitness!*

**DANIELLA - EXPRESSIONS ACADEMY**

Time / Day: **WEDNESDAYS 7:45-8:45PM**

Venue: **ADEYFIELD FREE CHURCH, HP2 40Z**

Contact me: **INFO@EXPRESSIONS.ACADEMY**

Follow us:    #danceyourselffit

