



# adeyfield free church

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## OUR MISSION



### Minister

Rev. Paul Stein

✉ [pastor@adeyfieldfree.org.uk](mailto:pastor@adeyfieldfree.org.uk)

### Church Secretary

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### Church Office

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### Prayer Chain Coordinator

Sheree Blastock

✉ [shreeblastock@hotmail.com](mailto:shreeblastock@hotmail.com)

Adeyfield Free Church Centre  
Maylands Avenue. HP2 4GZ

[www.adeyfieldfree.org.uk](http://www.adeyfieldfree.org.uk)



# In Touch


20th October 2024

Speaker: Bob Dyson

Duty Elder: Penny Stuart



A member Church of the  
United Reformed Church



## Weekly Message from Serving Elder Pam A.



Hello Everyone.

Thanks to all who were at worship last Sunday, the Lord sent a very clear message to us all. This week we will be enjoying a visit from Bob Dyson. Bob was an Elder at AFC before he and Audrey moved away.

During the month of October we have been asked to pray for prisons and prisoners.

Our all-age service this month will be on Sunday 27th October. It will include breakfast. If you could be part of the food prep team please contact me on [pamramannison@gmail.com](mailto:pamramannison@gmail.com). We will have had an extra hour in bed as we put the clocks back that weekend.

So many thanks to all on the refreshments team who serve us so faithfully every week and the key elders who wait until all are gone before locking up each Sunday.

Have a lovely week. Pam

## Safeguarding Training

Hi All. Following the technical issues in September, this session will be repeated on Wednesday 6th November from 1-3pm on Zoom. I suggest that this time we all sign in individually from our homes or workplaces or any other site with a reliable internet connection. If you are interested in doing this training please email [emma.pearce@urc.org.uk](mailto:emma.pearce@urc.org.uk) with your name, Adeyfield Free Church as your home church and a description of your role in the church e.g children's worker or counsellor etc. For more information contact Sue. Many Thanks.

## AFC Small Groups

**Mondays: every 2 weeks, AFC lounge 1.30pm**

**Tuesdays: twice a month, AFC lounge 10am**

**Wednesdays: Every week, AFC Community Space, 2pm**

**Wednesdays: every 2 weeks, Various homes, 8pm**

For more information please speak to an elder or contact the admin office

## Coming up next week

|                       | <b>Church Information</b>  | <b>Other activities</b>  |
|-----------------------|--|--|
| <b>Monday 21st</b>    | Office hours 12.00 noon– 4.00pm  | Rock-a-byes (mum and baby sling dance class) 10:30am<br>Fingerprints 8.30am– 3.00pm<br>Squirrels 4:30pm-5:15pm |
| <b>Tuesday 22nd</b>   | Senior Pals @ Meet and Eat 10am<br>Office hours 9:00am –1:00pm   | Fingerprints 8.30am– 3.00pm  |
| <b>Wednesday 23rd</b> | Office hours 11.30am- 3.30pm<br>Meet and Eat 9:30am -12:30pm<br>Toy Library 12:00pm –1:00pm  | Fingerprints 8.30am– 3.00pm  |
| <b>Thursday 24th</b>  | Meet and Eat 9:30am-12.30pm<br>Office hours 9:00am –1:00pm   | Fingerprints 8.30am-3.00pm<br>Little Fish <u>9:30 –10:45am</u>   |
| <b>Friday 25th</b>    | Office hours 8.30am-12.30pm<br>Meditation Group 11.30am– 12.15pm<br>Prayer Meeting 12.15pm<br><b>Expressions Eco Art Denim Workshop 7:30pm</b> | Fingerprints 8.30am– 3.00pm<br>Squirrels 5pm-5.45pm<br>Beavers 6pm-7pm<br>Cubs 7.15pm-8.30pm                   |
| <b>Saturday 26th</b>  |  |  |
| <b>Sunday 27th</b>    | Service at 10:00am.  |  |

Coming up..  
30th November: Wreath Making

## Young People on Sunday Mornings

**We join together for the start of worship**  
Before the young people meet in their groups



**3 - 6 years**

**Playroom downstairs**



**7 - 14 years**

**Youth room upstairs**

The Creche is available for babies/toddlers during the sermon

**PLEASE SUPERVISE YOUR CHILDREN  
WHEN NOT IN ORGANISED GROUPS**

## Pastoral & Prayer

**Many thanks to those who use this prayer page during your regular prayer times.**

**“Because you loved me, delighted in me, and have been loyal to my name, I will greatly protect you. I will answer your cry for help every time you pray, and you will feel my presence in your time of trouble. I will deliver you and bring you honour.”**

**Psalms 91:14-15 TPT**

**We thank you Lord.....**

For speaking to us

For those we meet each week

For your promises

**We lift those who need healing, support or guidance to God and thank Him for His action as we pray**

For George, for June P, for June R, for Mark.

For those still suffering from long covid and the after effects of other viruses

For those needing to use the foodbanks and community fridges

Help us if we are to be an answer to these prayers.

**We lift those who need healing and support to God and thank Him for His action as we pray**

CAP

The Mount Prison, its prisoners and staff

The congregation of St Benedict's Bennets End

***Lord, help us if we are to be an answer to these prayers.***

**Also bring to the Lord our prayers for.....**

Bob Dyson as he speaks next Sunday

The preparations for the all-age service this month

The collections for shoeboxes

**Please continue to pray for all who have been on the list recently. Bless you.**

## **Jesus, Lord of Life.**

**The elders appreciate your prayers for them. The days set aside for each elder:**

**Everyday:** Rev Paul Stein **Sunday:** Sue **Monday:** Yvonne **Tuesday:** Shirley

**Wednesday:** Heather **Thursday:** Dave **Friday:** Pam **Saturday:** Penny

## Information

# Meet & Eat Community Space

*Open Wednesdays & Thursdays*

*9.30-12.30*

*Serving Teas, coffees, cakes, savouries*

## COME & ENJOY

### SENIOR PALS

..A friendly group for seniors where all are welcome.

We meet Tuesdays from 10.00am until 11.45am in the Meet & Eat.

Why not pop along, meet new (or existing) friends, enjoy a cup of tea or coffee and enjoy our weekly quiz?



## LET YOUR GLORY FALL IN THIS PLACE

**FRIDAY**  
Meditation: 11.30

**FRIDAY**  
Prayers: 12.15

## Information

### You're invited to our next Kintsugi Hope Wellbeing Group

"Kintsugi" (金継ぎ) is a Japanese technique for repairing pottery with seams of gold. It means 'golden joinery'. When brokenness is repaired, the object becomes more beautiful and unique than it was before. Instead of hiding scars it makes a **feature** of them.

Come and join us as we journey together for 12 weeks to explore how to maintain positive mental and emotional wellbeing in the midst of our busy lives.

**Start: 25th October at 10:00am - Hemel Hempstead Methodist Church, Northridge Way, HP1 2AU**

**Contact: [Kintsugihmc@gmail.com](mailto:Kintsugihmc@gmail.com) / General Information: [www.kintsugihope.com](http://www.kintsugihope.com)**

**ERROR IN LAST WEEK'S NEWSLETTER: THE EMAIL ADDRESS SHOULD HAVE SAID .COM AS ABOVE. IF YOU EMAILED .CO.UK PLEASE RE-EMAIL ON ABOVE CORRECTED ADDRESS.**



**EXPRESSIONS**  
ACADEMY



# UPCYCLED DENIM WORKSHOP



As part of our new project 'One Year of Eco Arts' funded by Dacorum Borough council, bring along an unwanted pair of jeans and make it into something new!



**Price: £5** Please bring some denim with you for the workshop. Price includes refreshments.

**Book via our website: [www.expressions.academy](http://www.expressions.academy)**

**FRIDAY 18TH OCTOBER 7:30-9:30PM**



**Adeyfield Free Church Centre, Maylands Avenue, HP2 4GZ**

## Information

### Curry night at The Sitar in Boxmoor.

Ian is organising a 'Social' at the Sitar, the Indian restaurant in St. John's Road in Boxmoor, at 7.00pm on **Wednesday 13th November**. It is currently booked for 25 people and we need to pre-order as we are a large party. There is a banquet menu on a Wednesday at £16.95 per person. This gives you a starter, main course, vegetable dish and a rice (or naan). Prawn dishes are excluded from the offer. Please can you look at the menu online and let Ian have your choices. He will collate the orders and liaise with The Sitar. Could you please email [carolandian44@hotmail.com](mailto:carolandian44@hotmail.com) Food order needed by Wednesday 6th November so please get back to Ian asap. We will pay individually on the night. Poppadoms, drinks and any tip will be in addition to the £16.95 set price. Please let Ian know if you are coming.

**alternatives**  
For all pregnancy related challenges

**You are invited to the  
Alternatives'  
Annual General  
Meeting**

Hear insights from our Head of Operations and Head of Counselling as they discuss our accomplishments, areas for growth and future plans for the charity.



**4 November, 2024**

**7.30pm – 8.30pm**

RSVP: [info@alternativeswatford.co.uk](mailto:info@alternativeswatford.co.uk)

St Luke's Church, Langley Way, Watford, Herts WD17 3EG

## Information

# Youth Get Together Saturday 26th October



A GATHERING FOR YOUNG PEOPLE FROM URC  
THAMES NORTH & SOUTHERN SYNODS

FOOD

SCAVENGER HUNT & CHALLENGE

WORSHIP

10:30AM - 4:00PM

THE LUMEN COMMUNITY, LONDON WC1H 9RS

FOR YOUNG PEOPLE IN SECONDARY SCHOOL (Y7) TO AGE 25

CONTACT YOUR CYDO TO BOOK

Thames North - Lorraine Downer [cydo@urcthamesnorth.org.uk](mailto:cydo@urcthamesnorth.org.uk)

Southern - Tom Hackett [cydo@urcsouthern.org.uk](mailto:cydo@urcsouthern.org.uk)



## Operation Christmas Child Shoeboxes

AFC is once again packing shoeboxes:  
Join in by:

- Bringing in some items for our young people to pack - collection box in reception and hall
- Pack your own at home
- Pay for a packed shoebox online
- Donate money for the delivery (£5 per box)
- Help receive boxes during Collection week  
Monday 11th - Monday 18th November
- Be part of our Blessing service - 17th November

