



# adeyfield free church

www.adeyfieldfree.org.uk  
01442 260175 admin@adeyfieldfree.org.uk



## OUR MISSION



### Minister

Rev. Paul Stein

✉ [pastor@adeyfieldfree.org.uk](mailto:pastor@adeyfieldfree.org.uk)

### Church Secretary

✉ [secretary@adeyfieldfree.org.uk](mailto:secretary@adeyfieldfree.org.uk)

### Church Office

☎ 01442 260175

✉ [admin@adeyfieldfree.org.uk](mailto:admin@adeyfieldfree.org.uk)

### Prayer Chain Coordinator

Sheree Blastock

✉ [shreeblastock@hotmail.com](mailto:shreeblastock@hotmail.com)

Adeyfield Free Church Centre  
Maylands Avenue. HP2 4GZ

[www.adeyfieldfree.org.uk](http://www.adeyfieldfree.org.uk)



## In Touch

19th May 2024


Elder

Penny Stuart

All Age Service



A member Church of the  
United Reformed Church



The  
United  
Reformed  
Church

## Weekly Message from Serving Elder Pam A.



Hello Everyone.

Penny completed her assessed service so well last week. Thanks to everyone who was involved in the service. This week is Pentecost and we have a special Pentecost All Age service to celebrate the Holy Spirit creating the church.

Many thanks to all who came and all who contributed to church meeting last Sunday. Please read the Planning Document sent to you with the agenda for church meeting as

we will need to discuss it and make decisions at the July Church meeting. This is a very important feed into our efforts to fundraise and is vital for the future of our ministry here.

Our prayer week begins on 20th May and includes the Praise Event on 25th May.

The Worship Focus Group have completed the planning for the Praise Event. It looks very exciting.

Thanks to those who are planning to give their names to Pam offering lifts to hospital. She will be pleased to receive your message.

If you would like to be part of the gardening team let a member of the team [Pam, Pat, Sandie Barbara, Brian, Sheree, John] know.

Have a great week everyone. God bless you.

Pam



The Church garden is doing well but so are the weeds.

It's an on-going task throughout the summer and a lovely time to be outside with friends enjoying nature. If you'd like to join in, speak to Pam Annison.

You will be much appreciated.

## AFC Small Groups

**Mondays: every 2 weeks, AFC lounge 1.30pm**

**Tuesdays: twice a month, AFC lounge 10am**

**Wednesdays: Every week, AFC Community Space, 2pm**

**Wednesdays: every 2 weeks, Various homes, 8pm**

For more information please speak to an elder or contact the admin office

## Coming up next week

	Church Information	Other activities
<b>Monday 20th</b>	Office Hours 8.30am-3.30pm Liberty Tea Rooms/Churches Together Update and Vision Evening 7pm-9pm	Squirrels 4.30pm-5.15pm Beavers 5.30pm-6.30pm
<b>Tuesday 21st</b>	Office Hours 9.00am-1.00pm Seniors @Meet and Eat 10am	Fingerprints 8.30-3.00 Tai Chi 7.00pm-8.00pm
<b>Wednesday 22nd</b>	Office hours 11.30am - 3.30pm Meet and Eat 9:30am -12:00pm	Fingerprints 8.30-3.00
<b>Thursday 23rd</b>	Meet and Eat 9:30am -12:00pm Office Hours 9.00am-12.30pm	Fingerprints 8.30-3.00
<b>Friday 24th</b>	Office hours 8.30am-12.30pm Meditation Group 11.30am-12.15pm Prayer meeting 12.15pm	Fingerprints 8.30-3.00 Squirrels 5.00pm-5.45pm Cubs 7.15pm-8.30pm
<b>Saturday 25th</b>	Praise Event 6.30pm-8.00pm	
<b>Sunday 26th</b>	Service at 10:00am	

To book or to find out more, contact us on 01442 260 175 / [admin@adeyfieldfree.org.uk](mailto:admin@adeyfieldfree.org.uk)

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There are affordable Counselling sessions running throughout the week, with both male and female counsellors available. [counselling@adeyfieldfree.org.uk](mailto:counselling@adeyfieldfree.org.uk) / 07960 431 274

# JESUS, OUR LIGHT & HOPE

**COME AND JOIN US TO PRAISE HIM  
ALL ARE WELCOME**

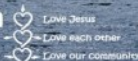
**Saturday 25<sup>th</sup> May 6:30 – 8pm  
Adeyfield Free Church Centre**

*The light shines in the darkness,  
and the darkness can never  
extinguish it.  
John 1:5*



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## Pastoral & Prayer

"Keep trusting in the Lord ..... Fix your heart on the promises of God, and you will dwell in the land..... Find your delight and true pleasure in the Lord, and he will give you what you desire the most."

Psalms 37:2-4 TPT

Many thanks to those who use this prayer page during your regular prayer times.

*We thank you Lord.....*

For The Lord Holy Spirit

For those who are using the building

For every encouragement you give us.

*We lift those who need healing or support to God and thank Him for His action as we pray*

For Yvonne, Liz, June P. Mark, Shirley, Sue, Chris and his family

For our neighbours who live alone and are lonely

For those whose children are seriously ill

For those we know with sight and hearing loss

*Lord, help us if we are to be an answer to these prayers.*

*Also bring to the Lord our prayers for.....*

Tear Fund

Those taking exams

Our Synod

*Please continue to pray for all who have been on the list recently. Bless you.*

***Jesus name above all names***



The elders appreciate your prayers for them. The days set aside for each elder:

Everyday: Rev Paul Stein Sunday: Sue Monday: Yvonne Tuesday: Shirley

Wednesday: Heather Thursday: Dave Friday: Pam Saturday: Penny

# UPDATE & VISION EVENING

ADEYFIELD FREE CHURCH, MAYLANDS AVENUE

MONDAY 20TH MAY, 2024 - 7PM START

REFRESHMENTS SERVED AFTERWARDS

## YOU'RE WELCOME!

Join us for an exciting and inspiring evening at ADEYFIELD FREE CHURCH on Monday 20th May at 7pm

**Parking is limited, so please try to car share**

Throughout the evening we will be sharing our Vision, Mission and our Future plans

After 17 years as a CAP Debt Centre, we are becoming **Liberty Community Money Advice**

**COME AND FIND OUT MORE!**

As well as looking ahead, we will be looking back and giving thanks for the impact our charity has made in the community

Impact made by:

**CAP Life Skills**

**CAP Money Management**

**CAP Debt Centre**

**Various courses run by**

**Liberty tea Rooms and Community Hub**

*We really are SO much more than  
Tea and Cake!*  
\*\*\*\*\*

We look forward to seeing you and sharing Good News

## LIBERTY TEA ROOMS & COMMUNITY HUB



**Can you believe that our award winning charity has been operating in Bank Court for seven years this June!**

- Seven years of bringing **Hope, Dignity and Inclusion** to our Community
- Seven years of helping people in financial crisis
- Seven years of partnership with over 20 churches!
- Seven years of seeing incredible transformation and breakthrough in peoples lives
- Seven years of serving, building and transforming our Community!

## SO MUCH MORE THAN TEA & CAKE!



Everything that we do is only made possible with the generous financial support from our Community and people like **YOU!**

**Every donation received enables us to continue with our mission :**

**RELEASE:** Freeing people from poverty and isolation

**RESTORE:** Bringing hope back into peoples lives

**REVEAL:** Showing Gods inclusive love in all we say and do

**REBUILD:** Building a better Community - Together



## Information

# DEVELOPING SELF-ESTEEM

COUNSELLING  
*at* **afcf**  
Affordable counselling for all the community

## A SUPPORTED GROUP EXPERIENCE

Counselling at AFC are offering an eight-week therapy group, focussed on building self-esteem

### GROUP DETAILS:

- EIGHT, WEEKLY, TWO-HOUR SESSIONS
- WEDNESDAY EVENING, 6.30 TO 8.30 PM
- 5TH JUNE TO 24TH JULY 2024
- COST – £15 PER SESSION
- ADEYFIELD FREE CHURCH CENTRE, MAYLANDS AVENUE, HP2 4GZ



FOR BOOKING OR MORE INFORMATION, PLEASE CONTACT US:

07960 431 274

[counselling@adeyfieldfree.org.uk](mailto:counselling@adeyfieldfree.org.uk)

[www.counsellingatafc.org.uk](http://www.counsellingatafc.org.uk)



**COME AND PRAYER  
WALK EVERY STREET  
IN HEHEL WITH US**



**SIGN-UP NOW  
ON OUR WEBSITE**

[www.lovehemel.org.uk](http://www.lovehemel.org.uk)

**LOVE-HEMEL  
2024**

Saturday 6th July 2024

## Information



# PENTECOST CELEBRATIONS

**Sunday 19th May 2024**

Lunch from 1pm

**Pentecost Service starts at 2pm**



New Life Pentecostal Church

Lawn Lane, Hemel Hempstead, HP3 9JF

To confirm your attendance and for catering purposes

Call 077300 54991 or email [info@nlpc.org.uk](mailto:info@nlpc.org.uk)

**Squirrels**  
NEW  
GROUPS

**BEAVERS**

**cubs**



Scan the code  
to sign up!

Adeyfield Free  
Church Centre  
Hall  
Maylands Avenue  
HP2 4GZ

**Monday:**

**Squirrels:** (4-6yrs)

4.30 - 5.15pm

**Beavers:** (6 - 8yrs)

5.30 - 6.30pm

**Friday:**

**Squirrels:** (4-6yrs)

5 - 5.45pm

**Beavers:** (6-8yrs)

6 - 7pm

**Cubs:** (8- 10yrs)

7.15 - 8.30pm

## Information



### ✝ Thames North Synod Eco Day 2024

### *Our Shared Climate*

*Celebration and action for justice*

8th June 10.00 am—4.00pm

Vine Church Ilford

Exploring actions we can take to preserve human and bio diversity

Activities for all ages - Children very welcome

From more information please email: [modpa@urcthamesnorth.org.uk](mailto:modpa@urcthamesnorth.org.uk)

Full itinerary for the day will be sent to attendees by end of May



### SAVE A LIFE -Learn to use a defibrillator

A note from St. George's / 30th June at 12.30pm at St.George's

After our joint service will be a defibrillator & CPR demonstration by St John's Ambulance. AFC are very welcome. We have places for a total of 20 people & they will have the opportunity to practice the skills (!!!!!) Please sign up by 30th May via Denise or the sign up sheet on the Reception desk at AFC.

Thanks, Denise (07808442215)

