

SESSION 5

PURPOSE IN INTERESTS



PRAY

We suggest you start with this simple prayer.

Heavenly Father, we pray for our time together now. Would you help us see what purpose means in our interests. Amen.



READ

Read Psalm 150



WATCH

Watch the session 5 video, available from the *On Purpose* webpage.



DISCUSS

1. This is the final psalm. Why might this be at the end of the book?
2. Psalm 150 encourages us to praise God in everything we do. We may have tried to do this in our work before – but what about our interests? If you haven't, how could you go forward?
3. Thinking back to Jeremiah 29 from session 1 – what benefit awaits the exiles who follow Jeremiah's command to plant gardens and celebrate weddings? There's a practical reason for these commands, but might there be something else?
4. Is there an interest or activity during which you sense the glory of God?

5. Do you find your day-to-day responsibilities easier if you've had time to do the things you like to do in your spare time? Could this change how you make an effort to find time for the things you love in what could be a busy schedule?



PRAY

You'll need someone to lead this.

It's time to pray again. We're going to use our imaginations. In a moment of quiet, shut your eyes, and imagine a situation relating to your interests in your head that you want to pray for.

Imagine the situation as it is now. People, faces, activities, personal bests, elaborate crochet projects, old car engines.

Now, think about how you want it to be. Does the activity change? What's happening on people's faces? What are they feeling? No words. Just imagine a picture.

God is seeing and hearing your prayer for your interests.

To close, say together: *Lord, in your mercy, hear our prayers.*